

Kemp Town Healthwalks

Thomas Kemp Amble

Third Thursday of every month

10:00am for a 10:15am start

Approximately 1 hour

This gentle, guided walk will include Sussex Square and entry into the Kemp Town Enclosures, through the secret tunnel to the beach, then return to Badgers Tennis Club café, with some details of local history along the way. The walk is buggy friendly.

Difficulty grading: Green (easy/beginners)

Due to limited numbers allowed in the Enclosures please pre-book by emailing healthwalks@brighton-hove.gov.uk



The Downs On Your Doorstep

Third Saturday of every month

10:00am for a 10:15am start

Approximately 95 minutes

This more challenging, guided walk takes in Whitehawk Hill, Sheepcote Valley and returns to Badgers Tennis Club café through East Brighton Park. No need to book, just turn up on the day!

Difficulty grading: Red (moderate/challenging)



Badgers Tennis Club

Church Place, Kemp Town, BN2 5JN



Both walks start at the Badgers Tennis Club café. The entrance is in Church Place opposite the junction with Bristol Gardens. Look for the green door. Both walks are free of charge, but you may wish to purchase refreshments at the café.

For further information contact:

info@badgerstennis.com

or visit:

www.brighton-hove.gov.uk/healthwalks

www.badgerstennis.com

